#### WE CLAIM:

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1. A method for providing self-destructing electronic mail messages, comprising:

receiving a request to send a self-destructing electronic mail message, the request comprising a message body and a time period within which the self-destructing electronic mail message should be destroyed;

transmitting the request to an electronic mail client application; and destroying all instances of the self-destructing electronic mail message after the time period has elapsed.

- 2. The method of Claim 1, wherein the time period comprises an indication that the self-destructing electronic mail message should be destroyed after it has been opened and closed on the electronic mail client application.
  - 3. The method of Claim 2, further comprising:

transmitting an electronic mail message to the electronic mail client application indicating that the self-destructing electronic mail message has been destroyed after the destruction of the self-destructing electronic mail message.

- 4. The method of Claim 3, wherein the electronic mail message sent to the electronic mail client application after the destruction of the self-destructing electronic mail message comprises an identity of the sender of the self-destructing electronic mail message and an indication that the self-destructing electronic mail message was sent and destroyed.
  - 5. The method of Claim 4, further comprising:

encrypting the self-destructing electronic mail message prior to transmitting the self-destructing electronic mail message to the electronic mail client application.

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- 6. A computer-readable medium comprising computer-executable instructions which, when executed by a computer, cause the computer to perform the method of Claim 1.
- 7. A computer-controlled apparatus capable of performing the method of 5 Claim 1.
  - 8. A method for providing self-destructing electronic mail messages, the method comprising:

receiving a request to transmit a self-destructing electronic mail message comprising a message body and a time period within which the self-destructing electronic mail message should be destroyed; and

transmitting the self-destructing electronic mail message to an electronic mail server application configured to provide self-destructing electronic mail messages.

9. The method of Claim 8, further comprising:

receiving a self-destructing electronic mail message sent from the electronic mail server application; and

destroying all instances of the electronic mail message sent from the electronic mail server after a period of time specified in the self-destructing electronic mail message has elapsed.

10. The method of Claim 9, further comprising:

restricting a set of operations that may be performed on the self-destructing electronic mail message in a manner that prevents the self-destructing electronic mail message from being printed.

11. The method of Claim 10, further comprising:

restricting a set of operations that may be performed on the self-destructing electronic mail message in a manner that prevents the self-destructing electronic mail message from being forwarded.

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## 12. The method of Claim 11, further comprising:

restricting a set of operations that may be performed on the self-destructing electronic mail message in a manner that prevents the self-destructing electronic mail message from being saved.

#### 13. The method of Claim 12, further comprising:

restricting a set of operations that may be performed on the self-destructing electronic mail message in a manner that prevents the self-destructing electronic mail message from being moved.

## 14. The method of Claim 13, further comprising:

restricting a set of operations that may be performed on the self-destructing electronic mail message in a manner that prevents the self-destructing electronic mail message from being copied or cut to a clipboard.

# 15. The method of Claim 14, further comprising:

restricting a set of operations that may be performed on the self-destructing electronic mail message in a manner that prevents a screen display containing the self-destructing electronic mail message from being captured.

#### 16. The method of Claim 2, further comprising:

providing a security warning message prior to transmitting the request in response to determining that an intended recipient of the self-destructing electronic mail message is located beyond a home domain associated with the electronic mail server application.

- 17. A computer-readable medium comprising computer-executable instructions which, when executed by a computer, cause the computer to perform the method of Claim 8.
- 18. A computer-controlled apparatus capable of performing the method of Claim 8.

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19. A system for providing self-destructing electronic mail messages, the system comprising:

an electronic mail server application operative to receive a request to transmit a self-destructing electronic mail message, to transmit the self-destructing electronic mail message to an electronic mail client application, and to cause all instances of the self-destructing electronic mail message to be destroyed after a period of time specified in the request; and

an electronic mail client application operative to transmit the request to the electronic mail server application, the request comprising an electronic mail message body and specifying a period of time within which the self-destructing electronic mail message should be destroyed.

- 20. The system of Claim 19, wherein the electronic mail client application is further operative to receive a self-destructing electronic mail message sent from the electronic mail server application and to destroy the electronic mail message sent from the electronic mail server after a period of time specified in the self-destructing electronic mail message has elapsed.
- 21. The system of Claim 20, wherein the electronic mail client application is further operative to prevent the self-destructing electronic mail message from being printed.
- 20 22. The system of Claim 21, wherein the electronic mail client application is further operative to prevent the self-destructing electronic mail message from being forwarded.
  - 23. The system of Claim 22, wherein the electronic mail client application is further operative to prevent the self-destructing electronic mail message from being saved.

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- 24. The system of Claim 23, wherein the electronic mail client application is further operative to prevent the self-destructing electronic mail message from being moved.
- The system of Claim 24, wherein the electronic mail client application is
  further operative to prevent the self-destructing electronic mail message from being copied or cut to a clipboard.
  - 26. The system of Claim 25, wherein the electronic mail client application is further operative to prevent a screen display containing the self-destructing electronic mail message from being captured.
  - 27. The system of Claim 20, wherein the period of time within which the self-destructing electronic mail message should be destroyed comprises an indication that the self-destructing electronic mail message should be destroyed immediately after it has been read on the electronic mail client application.
  - 28. The system of Claim 20, wherein the electronic mail server application is further operative to transmit an electronic mail message to the electronic mail client application indicating that the self-destructing electronic mail message has been destroyed after the destruction of the self-destructing electronic mail message.
    - 29. The system of Claim 28, wherein the electronic mail server application is further operative to encrypt the self-destructing electronic mail message and wherein the electronic mail client application is operative to decrypt the self-destructing electronic mail message.
    - 30. The system of Claim 29, wherein the electronic mail client application is further operative to provide a security warning message prior to transmitting the request in response to determining that an intended recipient of the self-destructing electronic

mail message is located beyond a home domain associated with the electronic mail server application.